

# GET WEIGHT WATCHERS TO WORK FOR YOU

Whenever you're bored, stressed or running short on time, Hungry is right there tempting you with wrong food choices. Weight Watchers can help you change all that.

With **Weight Watchers At Work** meetings, you can bring the power of Weight Watchers right to your workplace, so even the busiest professionals can attend and learn how to conquer Hungry once and for all.



Join Weight Watchers At Work meetings now.

Contact Bobbi Pointer for more information:

[bpointer@foundation.sdsu.edu](mailto:bpointer@foundation.sdsu.edu)

or call 4-7225

 **Weight Watchers**<sup>®</sup>

Stop Dieting. Start Living.

\*Available in participating areas only. Minimum enforcement required.

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